

# *Maids of Athena*

*Bridging the Gap  
with  
Persistence and Mentorship*



Presented by:

Kathy Leles, MOA Grand Advisor  
&  
Charrie Regopoulos, Grand Governor Zone 2

# MOA GRAND LODGE 2020/2021



L – R : Kathy Leles, MOA Grand Advisor; Maria Kanatas, MOA Grand Treasurer; Theodora Rondstadt, MOA Grand President; Maria Ana Pantelous, MOA Grand Vice President; Rigo Nasopoulos, MOA Grand Governor. BELOW: Mary Bellissimo, MOA Grand Secretary.



# Persistence

This year, the theme of the Maids of Athena is:  
**Persistence**

- ▶ (V) It is the ability to stick with something that lasts a very long time - not giving up until you succeed.
- ▶ (N) A quality that allows people to achieve their long term goals without any motivation - with perseverance, understanding and love.

# MOA Mentorship

- ▶ What is a mentor?
- ▶ Why mentors are important?
- ▶ Examples of mentorship DOP - MOA
- ▶ MOA mentorship programs offered

# Goal of Mentorship

- Cultivate love of the ideals of our Order so the members will feel that moving up the ladder is merely the natural progression of belonging to an organization



# How Can We Help Mentor

- ▶ Friendly assistance to bring in girls interested in joining the Maids of Athena –daughters, granddaughters, nieces. Include them!
- ▶ Offer to host joint DOP & MOA events/fundraisers to strengthen the bonds of our sisterhoods
- ▶ Storytelling/Scrapbooking: What was your experience like in the Maids? Share photos with the girls & what it has meant to be a part of the AHEPA Family

1970

**IMENE CHAPTER 163  
MAIDS OF ATHENA  
SAN JOSE, CALIFORNIA**



Back Row: Left to Right—Marta Chavalas; Mary Ann Bagatelos; Michelle Dallas; Joann Corelis; District Treasurer, Joann Photopoulos.  
Middle Row: Left to Right—Valorie Dallas; Cindy Antone; Judy Marinos; Virginia Sahines; District Secretary, Laurie Christos.  
Front Row: Left to Right—Maids of Athena, Ismene Chapter No. 163 officers. Toni Chavalas, President; Jean Karas, Vice President; Stella Marinos, Secretary.  
Missing are Dena Polyeranakis, Treasurer; Martha Andro; Maria Dallas, Dee Fotopoulos; Elaine Kalogrides; Maria Tryforos; Helene Pavssidis; Georgia Cassimus.



# Mentorship Programs Offered in the Maids of Athena

- ▶ The Maids of Athena work to promote philanthropy, individual excellence, sisterhood, and service through their mentorship programs.
- ▶ Two key mentorship programs that promote growth for members:

Maid to Lead

Sister City





*Maid to Lead Program  
established in 2016*

# M2L (Maid to Lead) Program

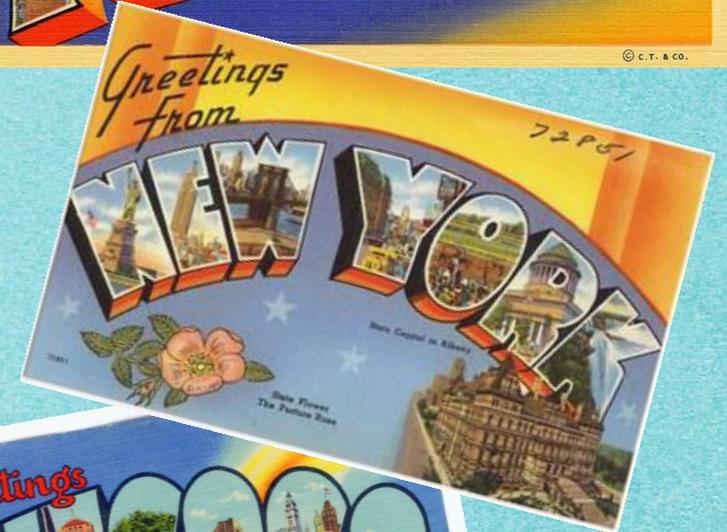
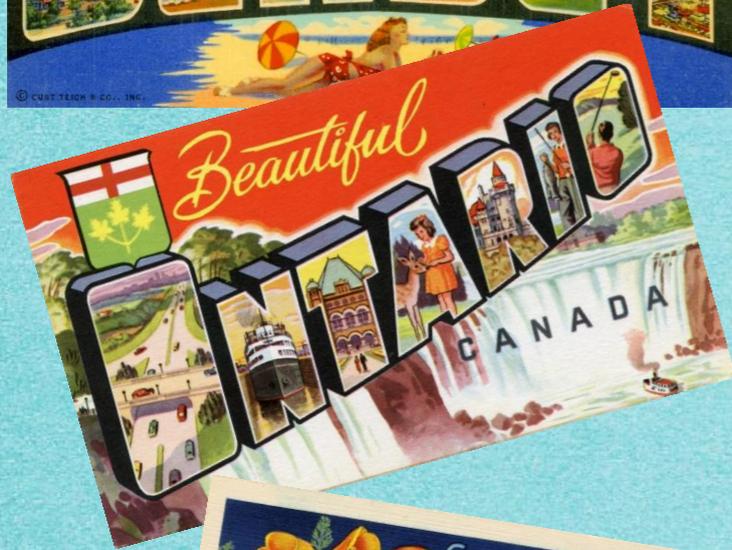
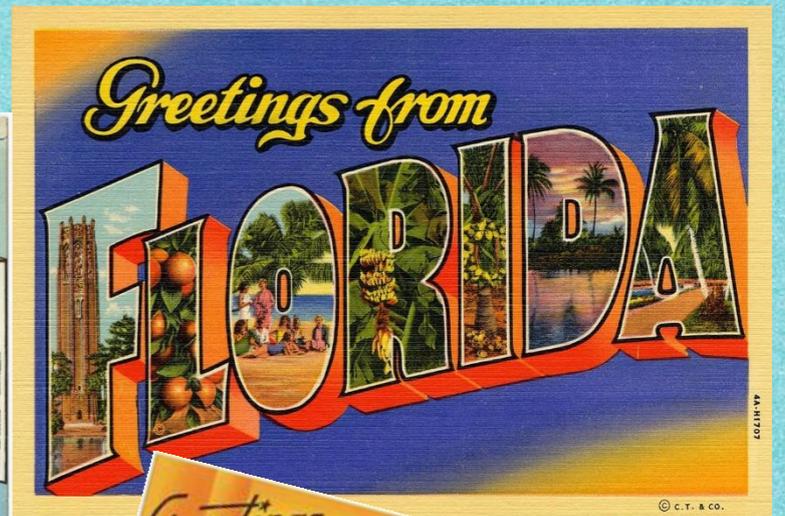
- ▶ Identifies strong sisters in the Maids of Athena who show potential to become leaders within the organization
- ▶ Each Grand Lodge Officer acts as the head of a set committee, helping guide and teach 3-5 members, while also focusing on ways to improve the Maids of Athena and its goals.

## COMMITTEES

- ▶ Events & Fundraising - Greeks in New York, National Projects
- ▶ Health & Wellness - Athletics, Yoga, OPAcize!
- ▶ Education & Leadership – scholarships, growth opportunities
- ▶ Marketing & PR – social media posts, becoming a sponsor
- ▶ MOA Constitution – legislative changes

# M2L (Maid to Lead) Program

- ▶ Each committee meets to discuss ideas focused on the tasks outlined by each committee chair
- ▶ Maid to Lead participants who exemplify outstanding leadership qualities are invited to attend the Maid to Lead Conference held in Washington, D.C.
- ▶ They attend a meeting at AHEPA National Headquarters to discuss leadership within the organization and ways to take the Maids of Athena to new heights.
- ▶ Since its inauguration in 2016, many Maids of Athena have gone on to be elected to serve on the Grand Lodge!



*Sister City Program*  
established in 2020

# Sister City Program

- ▶ The Sister City program encourages mentorship within the MOA organization by pairing one big chapter with a smaller chapter to complete challenges throughout the year.
- ▶ Through participating in monthly activities, chapters will inspire one another and their bond as sisters will strengthen from coast to coast!
- ▶ This program provides a platform for our younger members to learn from our more senior members, while also promoting the ideals of our sisterhood.

# Sister City Program

## Here is how it works:

- ▶ One representative is chosen from the MOA chapter & will be the main point of contact.
- ▶ Register information on the MOA website by **October 30th.**
- ▶ The Grand Lodge will pair each chapter with another and make the announcement soon after.
- ▶ Questions, please reach out to GVP Maria Ana at [moagrandvicepresident@gmail.com](mailto:moagrandvicepresident@gmail.com)

# Patron of Athena

- ▶ Other ways that the Daughters can support the Maids of Athena today!
- ▶ The Patrons of Athena are a cherished part of our sisterhood. By making a commitment to the Maids of Athena, you will help to preserve the history of our Order, maintain our principles and ideals, and leave behind a legacy for our sisters of tomorrow.
- ▶ Lifetime membership is available to any individual who submits a one-time lifetime membership fee. This membership fee directly funds the National Maids of Athena Treasury for scholarship and project purposes.
- ▶ Do you recognize that you or someone in your community would make a great Patron of Athena? A formal invitation and membership form can be sent to you today!



FOR YOUR EFFORTS AND DEDICATION TO OUR ORDER,  
WE INVITE YOU TO JOIN US AS A LIFETIME MEMBER .

*Patrons of Athena*

OUR LIFETIME MEMBERS ARE A CHERISHED PART OF OUR  
SISTERHOOD. BY MAKING A COMMITMENT TO THE MAIDS OF  
ATHENA, YOU WILL HELP TO PRESERVE THE HISTORY OF OUR  
ORDER, MAINTAIN OUR PRINCIPLES AND IDEALS, AND LEAVE  
BEHIND A LEGACY FOR OUR SISTERS OF TOMORROW.

LIFETIME MEMBERSHIP IS AVAILABLE TO ANY INDIVIDUAL  
WHO ACCEPTS THE PRINCIPLES OF OUR ORDER AND SUBMITS  
A ONE-TIME LIFETIME MEMBERSHIP FEE.

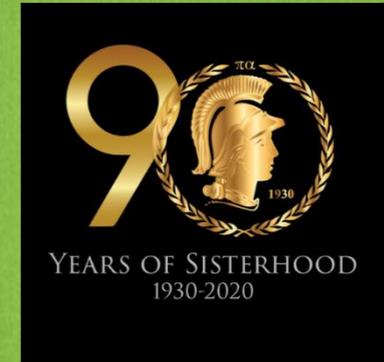
DECLARE YOUR MEMBERSHIP TODAY.

*For more information, please visit our online home:*

MAIDSOFATHENA.ORG



# 90 for 90 Years



## 2020/2021 Campaign

Help us to celebrate 90 years of the Maids of Athena!

Your contribution of \$90.00 will help us continue with the many vital programs necessary and allowing young ladies in the MOA develop leadership and governing experience.

You will be recognized on the MOA website as a \$90 for 90 donor.

Your name will also be listed in the annual MOA Yearbook for your generosity and support of 90 years of Sisterhood!

# Dual Membership

- ▶ Per the Daughters of Penelope Constitution, a MOA, at the time she turns 23 must hold dual membership in the MOA & the Daughters of Penelope.
- ▶ The caveat of this progression is simple and this is where we bridge the gap.
- ▶ #1 - Look at your MOA rosters and highlight those that are 23 years of age and above.
- ▶ #2 - Plan the initiation into the DOP as a memorable one for our young ladies and keep traditions alive. This is what they will remember.
- ▶ #3 - Continue to be open to new and fresh ideas without telling them what to do or this is how we do it.... there are many ways we can learn from each other and accomplish our goals
- ▶ #4 - Dues: \$20.00 a year in the Maids of Athena + \$15.00 initiation fee as a Daughter = \$35.00 to be a member of both Orders for the first year.
- ▶ Our young women DO NOT pay DOP dues until they age out at 28 from the Maids of Athena.

# Daughters of Penelope

Supreme Headquarters  
1909 Q Street, NW  
Suite 500  
Washington, DC 20009



Tel: 202.234.9741  
Fax: 202.483.6983  
[www.daughtersofpenelope.org](http://www.daughtersofpenelope.org)  
E-mail: [dophq@ahepsa.org](mailto:dophq@ahepsa.org)

## **Proof of Membership for Dual Members**

Name \_\_\_\_\_ ID# \_\_\_\_\_

Primary Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip Code \_\_\_\_\_

Phone # \_\_\_\_\_ Email \_\_\_\_\_ Fax \_\_\_\_\_

### **PRIMARY CHAPTER** **(DOP or MOA) Please indicate**

Chapter # \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_

**Paid Dues for 20** \_\_\_\_\_

Chapter President \_\_\_\_\_ Date \_\_\_\_\_ Chapter Secretary \_\_\_\_\_ Date \_\_\_\_\_

### **SECONDARY CHAPTER**

Chapter # \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_

**Paid Dues for 20** \_\_\_\_\_

Chapter President \_\_\_\_\_ Date \_\_\_\_\_ Chapter Secretary \_\_\_\_\_ Date \_\_\_\_\_

*I understand it is my responsibility to show proof of membership in "good standing" to both the primary and secondary chapters on a yearly basis to be eligible to hold dual membership. A member may belong to no more than two chapters. Members must pay full dues to the primary chapter and only chapter dues to secondary chapter. She can only represent her primary chapter at a District or National Convention and must meet all requirements for a delegate. A member shall be eligible to serve in any elected position only in her primary chapter. (Constitution-Article V; Section 1; c)*

Member Signature \_\_\_\_\_

**Headquarters use only:**

Application Received \_\_\_\_\_ Date Processed \_\_\_\_\_

# MOA Advisors

As the senior auxiliary, we the Daughters of Penelope, have a responsibility to activate, promote and support our junior auxiliary –

**THE MAIDS OF ATHENA**

The Advisors serve as a “link” or “bridge” between the two Orders.

# MOA Advisors

## TIPS & SUGGESTIONS

Establish a relationship of trust and sisterhood with the girls

You are their mentor and someone they can confide in for guidance, assistance and encouragement

Be supportive & proactive - but please do not be demanding – they should feel empowered and run their own meetings.

Act impartially and guide them with their duties - act as a Parliamentarian – follow the Constitution and Rituals during their meetings

Supervise, not babysit, all the activities of the Maids of Athena chapter you are advising

Act as a liaison between the MOA chapter and the DOP chapter by presenting monthly updates at your DOP chapter meetings, ensure rosters are up to date & plan dual membership initiations into the DOP

A MOA Advisors informational packet is available on the MOA website. Be familiar with the MOA website, its information and forms.

the heart of  
**MENTORING**

*Getting the most out of life*  
**ISN'T ABOUT HOW MUCH**  
*you keep for yourself,*  
**BUT HOW MUCH**  
*you pour into others.*

—David Stoddard

# Contact Information

Theodora Ronstadt – Grand President / D20, 21 & 25  
[moagrandpresident@gmail.com](mailto:moagrandpresident@gmail.com)

Maria Ana Pantelous – Grand Vice President / D1, 2, 8, 16 & 17  
[moagrandvicepresident@gmail.com](mailto:moagrandvicepresident@gmail.com)

Mary Bellissimo – Grand Secretary / D3, 4, 5, 9 & 11  
[moagrandsecretary@gmail.com](mailto:moagrandsecretary@gmail.com)

Maria Kanatas – Grand Treasurer / D7, 22, 23, 24 & 26  
[moagrandtreasurer@gmail.com](mailto:moagrandtreasurer@gmail.com)

Rigo Nisopoulos – Grand Governor / D6, 10, 12, 13 & 14  
[moagrandgovernor@gmail.com](mailto:moagrandgovernor@gmail.com)

Kathy Leles – MOA Grand Advisor [moagrandadvisor@gmail.com](mailto:moagrandadvisor@gmail.com)

Questions????